

## INSTRUCTIONS MANUAL

### FEATURES

- Time Telling Mode (Hours, Minutes, Seconds, Date and Day of the Week)
- Calendar Mode (Month, Date, and Day of the Week)
- 24 Hour Alarm and Weekly Alarms
- Hourly Chime: One 'Beep' sound every full Hour
- Chronograph Mode: Hours, Minutes, Seconds, and 1/100 of a second with Lap Operation
- Countdown Timer
- Second Time Zone
- 12/24 Hour (Military Time)
- Water Resistant as indicated on the watch
- INSTALITE - Electro Luminescent Display

### EL LIGHT FEATURE

1. Press 'D' in any mode to illuminate the watch face. The backlight will remain lit for 2 to 3 seconds.

**NOTE:** EXCESSIVE USE OF LIGHT WILL SHORTEN BATTERY LIFE.

### SELECTING FEATURES

1. Time Telling Mode displays Hours, Minutes, Seconds, Month, Date, and Day of the Week.
2. From Time Telling Mode, press 'B' once. Alarm Mode appears. Press 'B' four times to return to Time Telling Mode.
3. From Time Telling Mode, press 'B' twice. Second Time Mode appears. Press 'B' three times to return to Time Telling Mode.
4. From Time Telling Mode, press 'B' three times. Countdown Timer Mode appears. Press 'B' twice to return to Time Telling Mode.
5. From Time Telling Mode, press 'B' four times. Chronograph Mode appears. Press 'B' once to return to Time Telling Mode.

### SETTING THE TIME AND CALENDAR

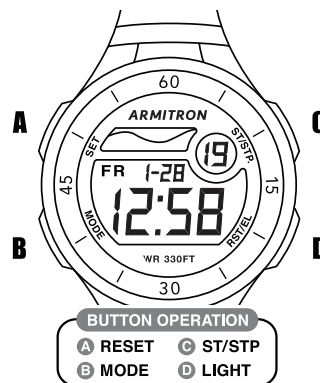
1. From Time Telling Mode, press and hold 'A'. Seconds flash. Press 'C' to zero out the Seconds.
  2. Press 'B'. Hours flash. Press 'C' to advance the Hour.
- NOTE:** Pressing and holding 'C' will advance digits rapidly. When 12 Hour Format is selected, 'PM' indicates 'p.m.' times; there is no indicator for 'a.m.' times.
3. Press 'B'. Minutes flash. Press 'C' to advance the Minutes.
  4. Press 'B'. The Year flashes. Press 'C' to advance the Year.
  5. Press 'B'. Months flash. Press 'C' to advance the Months.
  6. Press 'B'. The Date flashes. Press 'C' to advance the Date.
  7. Press 'D' to select either 12 Hour Time or 24 Hour (Military) Time.
- NOTE:** '24H' indicates 24 Hour (Military Time).
8. Press 'A' to end sequence and return to Time Telling Mode.

### STOPWATCH

1. From Time Telling Mode, press 'B' four times to enter the Chronograph Mode.
2. Press 'C' to start timing.
3. Press 'C' again to stop timing.
4. Press 'D' to reset to zero.
5. Press 'B' to return to Time Telling Mode.

### SPLIT TIME

1. While in Stopwatch Mode, press 'C' to start timing.
2. Press 'D' to measure and display Split Times.
3. Press 'C' to stop timing at the end of the event.
4. Press 'D' to reveal the final Split Time.
5. Press 'D' again to reset to zero.
6. Press 'B' to return to Time Telling Mode.



### SETTING THE 24 HOUR ALARM

1. From Time Telling Mode, press 'B' once. Alarm Mode appears.
2. Press and hold 'A'. Alarm Hours flash. Press 'C' to advance the Hours.
3. Press 'B'. Alarm Minutes flash. Press 'C' to advance the Minutes.
4. Press 'B'. Alarm Months flash. Press 'C' to advance the Month.
5. Press 'B'. Alarm Date flashes. Press 'C' to advance the Date.
6. Press 'B' to end set sequence and return to Time Telling Mode.

### ACTIVATING ALARM + HOURLY CHIME

1. While in Alarm Mode, press 'D' to activate the 24 Hour Alarm. The Alarm Symbol appears to indicate that the 24 Hour Alarm is now activated and will sound at the preset Alarm Time for about 20 seconds or until any button is pressed.
2. Press 'D' again. The Hourly Chime symbol appears to indicate that the Hourly Chime will now beep every hour on the hour.
3. Press 'D' again to activate both the Hourly Chime and the 24 Hour Alarm.
4. Press 'D' again to deactivate both the Hourly Chime and the 24 Hour Alarm.
5. Press 'B' to return to Time Telling Mode.

### SECOND TIME ZONE

1. From Time Telling Mode, press 'B' twice to enter the Second Time Zone Mode.
  2. Press and hold 'A'. Hours flash. Press 'C' to advance the Hour.
  3. Press 'B'. Minutes flash. Press 'C' to advance the Minutes.
  4. Press 'A' to end set sequence.
  5. Press 'B' to return to Time Telling Mode.
- NOTE:** The Second Time Zone (Second Time Zone) Clock may be used to keep track of a foreign time.

### COUNTDOWN TIMER

1. From Time Telling Mode, press 'B' three times to enter the Countdown Timer Mode.
  2. Press and hold 'A'. Hours flash. Press 'C' to adjust the Hour.
  3. Press 'B'. Minutes flash. Press 'C' to adjust the Minutes.
  4. Press 'B'. Seconds flash. Press 'C' to adjust the Seconds.
  5. When the Countdown Timer is set, press 'A' to end set sequence and return to Timer Mode.
  6. Press 'C' to start the Countdown Timer.
  7. If desired, press 'C' again to stop the Countdown Timer. Press 'C' again to resume the Countdown Timer.
- NOTE:** The Countdown timing will continue in any mode until 'C' is pressed. When the Timer has expired, the alarm will sound for about 10 seconds or until any button is pressed.
8. Press 'C' to stop the Timer.
  9. Press 'B' to return to Time Telling Mode.

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### CHANGING THE BATTERY

Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Before removing the old battery, be sure to denote its polarity so that the new battery is installed in exactly the same way. Replace with the same kind or equivalent only. This watch contains precise electronic components and should only be opened by a qualified watch technician. However, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your timepiece to a local jeweler.

### WATER RESISTANCE

This is a **WATER RESISTANT** watch. Do not operate push buttons below the surface of the water. Should water or condensation appear in the watch, immediately have the watch checked. Water can corrode electronic parts inside the case.

### USE OUR NATIONWIDE SERVICE CENTERS. YOU CANNOT RETURN WATCH FOR SERVICE WHERE IT WAS PURCHASED.

If your watch requires cleaning, lubrication, battery changing, or needs a crystal replaced, Armitron Adventure approved Service Centers are available in your area. These repair facilities use Armitron Adventure parts and components to assure quality and future performance. Free estimates are available in advance, should you need servicing or repairs not covered under the warranty. Repairs covered under the warranty may require proof of purchase, so retain the purchase receipt.

### RETURN YOUR WATCH FOR SERVICING

Please call **(718) 482-4195** for a listing of all approved and authorized service centers and locations, or visit our website at:

**WWW.ARMITRON.COM**

YOUR WATCH SHOULD NOT BE RETURNED TO THE PLACE OF PURCHASE. Carefully pack your watch in a sturdy box (do not send in a gift box for same will not be returned) and mail to the nearest approved authorized service station. Because of possible loss, we recommend that you insure the watch, return receipt requested, when using the mail. If you do not receive a receipt within a reasonable time, start a tracer through the originating post office. Never include a special watch band or any other article of personal value in your shipment.