

INSTRUCTIONS MANUAL

FEATURES

- Time Telling Mode (Hours, Minutes, Seconds, Date and Day of the Week)
- 24 Hour Alarms
- Hourly Chime
- Calendar Mode
- Chronograph Mode: Hours, Minutes, Seconds, and 1/100 of a second with Lap Operation
- Water Resistant as indicated on the watch
- INSTALITE - Electro Luminescent Display

NOTE: Please note that your watch may have a different outlook on the display than this diagram. However, the functions and operation are the same as these instructions.

SELECTING FEATURES

1. Time Telling Mode displays Hours, Minutes, Seconds, and Day of the Week.
2. From Time Telling Mode, press 'B' once. Chronograph Mode appears. Press 'B' three times to return to Time Telling Mode.
3. From Time Telling Mode, press 'B' twice. Alarm Mode appears. Press 'B' twice to return to Time Telling Mode.
4. From Time Telling Mode, press 'B' three times. Time Setting Mode appears. Press 'B' once to return to Time Telling Mode.
5. From Time Telling Mode, press and hold 'C' to enter Calendar Mode. The Month, Date, and Day of the Week appear. Release 'C' to return to Time Telling Mode.

SETTING THE TIME AND CALENDAR

1. From Time Telling Mode, press 'B' three times. Seconds flash. Press 'C' to zero out the Seconds.
 2. Press 'A'. Minutes flash. Press 'C' to advance the Minutes.
 3. Press 'A'. Hours flash. Press 'C' to advance the Hour.
- NOTE:** Pressing and holding 'C' will advance digits rapidly. When 12 Hour Format is selected, 'A' indicates 'a.m.' times; 'P' indicates 'p.m.' times.
4. Press 'A'. The Date flashes. Press 'C' to advance the Date.
 5. Press 'A'. The Month flashes. Press 'C' to advance the Month.
 6. Press 'A'. The Day of the Week flashes. Press 'C' to advance the Day of the Week.
 7. Press 'B' to end set sequence and return to Time Telling Mode.

STOPWATCH

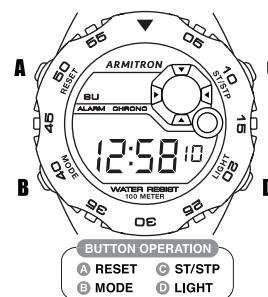
1. From Time Telling Mode, press 'B' once to enter the Stopwatch Mode.
2. Press 'C' to start timing.
3. Press 'C' again to stop timing.
4. Press 'A' to reset to zero.
5. Press 'B' to return to Time Telling Mode.

SPLIT TIME

1. While in the Stopwatch Mode, press 'C' to start timing.
2. Press 'A' to measure and display Split Times.
3. Press 'C' to stop timing at the end of the event.
4. Press 'A' to reveal the final Split Time.
5. Press 'A' to reset to zero.
5. Press 'B' to return to Time Telling Mode.

SETTING THE 24 HOUR ALARMS

1. From Time Telling Mode, press 'B' twice to enter the Alarm Mode. Alarm Hours flash.
 2. Press 'C' to advance the Alarm Hour.
- NOTE:** Pressing and holding 'C' will advance digits rapidly.
3. Press 'A'. Alarm Minutes flash. Press 'C' to advance the Alarm Minute.
 4. Press 'B' to end set sequence and return to Time Telling Mode.



ACTIVATING ALARM + HOURLY CHIME

1. From Time Telling Mode, press and hold 'A' and press 'C' once. The Alarm Symbol appears to indicate that the Alarm is activated and will sound at the preset Alarm Time for about 60 seconds or until 'A' is pressed.
 2. Press and hold 'A' and press 'C' once again to deactivate the Alarm.
 3. From Time Telling Mode, press and hold 'A' and press 'B' once. All of the Days of the Week appear to indicate that the Hourly Chime is activated and will sound every hour on the hour.
 4. Press and hold 'A' and press 'B' once again to deactivate the Hourly Chime.
- SNOOZE:** Press 'D' to stop the Alarm for 5 minutes. The Alarm sound will resume after 5 minutes. Press 'D' again to stop the Alarm for another 5 minutes.
5. Press 'A' and 'C' again to deactivate the Alarm.

EL LIGHT FEATURE

1. Press 'D' in any mode to illuminate the watch face. The backlight will remain lit for 3 seconds.
- NOTE:** EXCESSIVE USE OF LIGHT WILL SHORTEN BATTERY LIFE.

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CHANGING THE BATTERY

Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Before removing the old battery, be sure to denote its polarity so that the new battery is installed in exactly the same way. Replace with the same kind or equivalent only. This watch contains precise electronic components and should only be opened by a qualified watch technician. However, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your timepiece to a local jeweler.

WATER RESISTANCE

This is a **WATER RESISTANT** watch. Do not operate push buttons below the surface of the water. Should water or condensation appear in the watch, immediately have the watch checked. Water can corrode electronic parts inside the case.

USE OUR NATIONWIDE SERVICE CENTERS. YOU CANNOT RETURN WATCH FOR SERVICE WHERE IT WAS PURCHASED.

If your watch requires cleaning, lubrication, battery changing, or needs a crystal replaced, Armitron Adventure approved Service Centers are available in your area. These repair facilities use Armitron Adventure parts and components to assure quality and future performance. Free estimates are available in advance, should you need servicing or repairs not covered under the warranty. Repairs covered under the warranty may require proof of purchase, so retain the purchase receipt.

RETURN YOUR WATCH FOR SERVICING

Please call **(718) 482-4195** for a listing of all approved and authorized service centers and locations, or visit our website at:

WWW.ARMITRON.COM

YOUR WATCH SHOULD NOT BE RETURNED TO THE PLACE OF PURCHASE. Carefully pack your watch in a sturdy box (do not send in a gift box for same will not be returned) and mail to the nearest approved authorized service station. Because of possible loss, we recommend that you insure the watch, return receipt requested, when using the mail. If you do not receive a receipt within a reasonable time, start a tracer through the originating post office. Never include a special watch band or any other article of personal value in your shipment.